



REGIONAL  
PARAMEDIC  
PROGRAM  
FOR EASTERN  
ONTARIO



The Ottawa  
Hospital | L'Hôpital  
d'Ottawa

# RPPEO ANNUAL DISSEMINATION ACTIVITIES REPORT: RESEARCH, LEADERSHIP, QUALITY AND EDUCATION

April 1, 2022 to March 31, 2023

**Inspired** by research.      **Inspiré** par la recherche.  
**Driven** by compassion.      **Guidé** par la compassion.

## Contents

PURPOSE.....	3
INCLUSION CRITERIA.....	3
PRIMARY & CO-INVESTIGATORS .....	3
SUMMARY OF DISSEMINATION ACTIVITIES (7 years) .....	4
EXTERNAL GRANTS .....	4
INTERNAL GRANTS.....	4
ORAL PRESENTATIONS (INTERNAL).....	5
ORAL PRESENTATIONS (EXTERNAL) .....	5
POSTER PRESENTATIONS (INTERNAL) .....	5
POSTER PRESENTATIONS (EXTERNAL).....	5
INVITED PRESENATIONS .....	5
PUBLISHED ABSTRACTS.....	6
RPPEO ABSTRACTS.....	6
OTHER ABSTRACTS.....	6
JOURNAL ARTICLES .....	6
PUBLISHED RPPEO JOURNAL ARTICLES .....	6
OTHER PUBLISHED JOURNAL ARTICLES .....	7
AWARDS ACHIEVED / SPECIAL MENTION .....	9
RPPEO CLINICAL OHRI INVESTIGATORS .....	10

## Regional Paramedic Program for Eastern Ontario

**Department: Clinical Operations**

**Executive Vice-President: Suzanne Madore**

**Director: Penny Price**

## Purpose

The purpose of the Regional Paramedic Program for Eastern Ontario (RPPEO) Annual Dissemination Activities Report: Research, Leadership, Quality and Education is to inform the senior management team, the paramedic community and paramedic stakeholders, of research, leadership, quality and education projects and dissemination activities in paramedicine that have been conducted over the last fiscal year.



## Inclusion Criteria

All RPPEO personnel or regional paramedics working in collaboration with RPPEO personnel, who are either a primary investigator or a co-investigator on a paramedicine study or project, including current EMS residents and RPPEO volunteers.

## Primary & Co-Investigators

**Michael Austin, MD, FRCPC, DRCPSC (PTM)** Associate Medical Director

**Zachary Cantor, PCP, EMS Coordinator, Paramedic Researcher**

**Richard Dionne, MD, CCFP-EM, Medical Director**

**Mark Froats, MD, FRCPC**

**Shannon Leduc, MSc, ACP, Paramedic Researcher**

**Jane Marchand, HRT, Research Assistant**

**Ben de Mendonca, P.Eng., MHA, Manager, Quality and Patient Safety**

**Penny Price, MMngt, Program Director**

**Frank St-Jean, Manager, Education, Certification and BHITS**

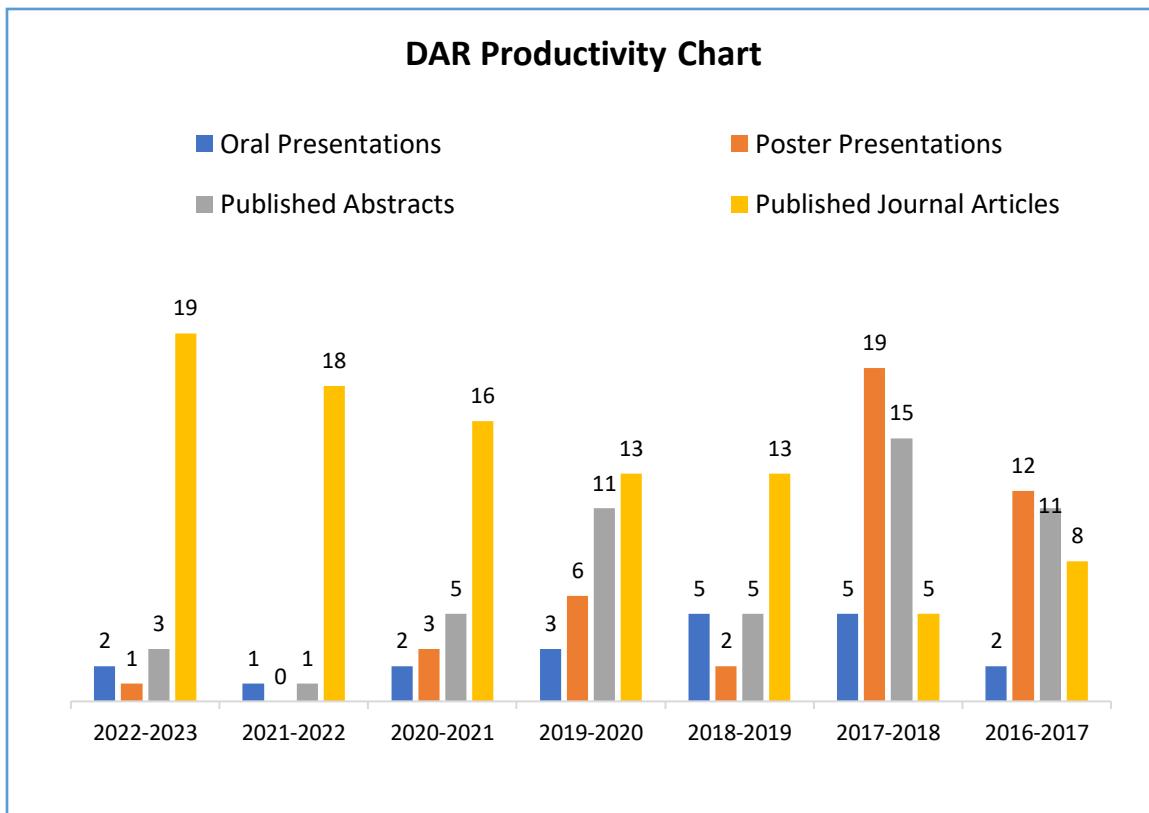
**Julie Sinclair, MScN, A-EMCA, RN, Research Coordinator, Paramedic Researcher**

**Charlene Vacon, PhD, PCP, Coordinator**

**Christian Vaillancourt, MD, MSc, FRCPC, CSPQ, Associate Medical Director**

## SUMMARY OF DISSEMINATION ACTIVITIES (7 years)

YEAR	TOTAL PRESENTATIONS	ORAL PRESENTATIONS	POSTER PRESENTATIONS	PARAMEDIC/ ALLIED HEALTH CARE PROVIDER PRESENTER	PUBLISHED ABSTRACTS	PUBLISHED JOURNAL ARTICLES	PARAMEDIC/ALIED HEALTH CARE PROVIDER PRIMARY AUTHOR
2022-2023	3	2	1	2	3	19	3
2021-2022	1	1	0	1	1	17	1
2020-2021	5	2	3	2	5	16	3
2019-2020	9	3	6	6	11	13	5
2018-2019	7	5	2	3	5	13	4
2017-2018	24	5	19	18	15	5	3
2016-2017	14	2	12	3	11	8	2



## EXTERNAL GRANTS

Austin MA. Management of traumatic pain by paramedics in the prehospital setting. MAYDAY FUND (\$249,803.19 US)

## INTERNAL GRANTS

N/A

## ORAL PRESENTATIONS (INTERNAL)

N/A

## ORAL PRESENTATIONS (EXTERNAL)

de Mendonca B, Price P, Greenall, J (September 2022) **Improving the safety of medication use: Medication safety self-assessment.** Paramedic Chiefs of Canada Leadership Summit. (Quality)



Mitchell S, Godbout J, Froats M, Costain N, de Mendonca B, St-Jean F, Dionne R, Austin M. (May 2022). **Physician peer patch review: A quality program for paramedic online medical consultation.** Canadian Association of Emergency Physicians (CAEP) Annual Conference. Quebec City, Canada. (Quality)

## POSTER PRESENTATIONS (INTERNAL)

N/A

## POSTER PRESENTATIONS (EXTERNAL)

Mitchell S, Perry J, Pinnell R, McMahon E, Nemnom M, de Mendonca B, Stotts G, Austin MA. (May 2022) **Evaluation of a prehospital endovascular therapy (EVT) bypass program.** Canadian Association of Emergency Physicians (CAEP) Annual Conference. Quebec City, Canada. (Research)

## INVITED PRESENATIONS

N/A

## PUBLISHED ABSTRACTS

### RPPEO ABSTRACTS

N/A

### OTHER ABSTRACTS

Mitchell S, Godbout J, Froats M, Costain N, de Mendonca B, St-Jean F, Dionne R, Austin M. (May 2022). **Physician peer patch review: A quality program for paramedic online medical consultation.** *Can J Emerg Med.* 24 (Suppl 1):S1-S100 (LO45).

Mitchell S, Perry J, Pinnell R, McMahon E, Nemnom M, de Mendonca B, Stotts G, Austin M. (May 2022). **Evaluation of a prehospital endovascular therapy (EVT) bypass program.** *Can J Emerg Med.* 24 (Suppl 1):S1-S100 (MP 40).

Lanos C, Drennan I, Batt A, Solimon K, Lin S, Vaillancourt C, Dhanani S, Cook D, Jenkins S. (PP37) **Examining the potential for uncontrolled organ donation after out-of-hospital cardiac arrest in Canada – a sub analysis of the CanROC registry.** *BMJ Emerg Med Journal.* 2022; 39(1).



## JOURNAL ARTICLES

### PUBLISHED RPPEO JOURNAL ARTICLES

**Sinclair JE\*, Austin MA, Froats M, Leduc S, Dionne R, Marchand J, Vaillancourt C. Patient and prehospital predictors of hospital admission for patients with and without histories of diabetes treated by paramedics for hypoglycemia: A health record review study.** *Published Electronically, Prehosp Emerg Care.* 2022;0:1-12.



\* denotes paramedic/allied health care provider primary author

## OTHER PUBLISHED JOURNAL ARTICLES

McGahern C, Cantor Z, de Mendonca B, Dawson J, Boisvert L, Dalgleish D, Reddy D, Bresee N, Alnaji F. **Closing the Loop: The value of outcome letters for prehospital pediatric care.** Published electronically, *Pediatr Emerg Care*. 2023; 0:0:1-4.

Leduc S\*, Wells G.A, Thiruganasambandamoorthy V, Cantor Z, Kelly P, Rietschlin M, Vaillancourt C. **The hospital care and outcomes of long-term care patients treated by paramedics during an emergency call: Exploring the potential impact of community paramedicine.** Accepted, *CJEM*. 2023

Heidet M, Grunau B, Vaillancourt C, Baert V, on behalf of CanROC, Re CanROC investigators. **Trends in out-of-hospital cardiac arrest across the world: what CanROC and RéAC national registries could have added to the second report from the International Liaison Committee on Resuscitation (ILCOR).** Published electronically, *Resuscitation*. 2023;187:1-2.

Zitikyte G, Roy DC, Tran A, Fernando SM, Rosenberg E, Kanji S, Engels PT, Wells GA, Vaillancourt C. **Pharmacologic interventions to prevent delirium in trauma patients: A systematic review and network meta-analysis of randomized controlled trials.** Published electronically, *Crit Care Explor*. 2023;5(3):e0875.

Leduc S\*, Wells G, Thiruganasambandamoorthy V, Kelly P, Vaillancourt C. **Alternate care models for paramedic patients from long-term care centres: A national survey of Canadian paramedic services.** *CJEM*. 2023; 25(4):344-352.

Fernando S.M, Mathew R, Sadeghirad B, Rochwerg B, Hibbert B, Munshi L, Fan E, Brodie D, Di Santo P, Tran A, McLeod S.L, Vaillancourt C, Cheskes S, Ferguson N.D, Scales D.C, Lin S, Sandroni C, Soar J, Dorian P, Perkins G.D, Nolan J.P. **Epinephrine in out-of-hospital cardiac arrest – A systematic review and network meta-analysis.** Published electronically, *Chest*. 2023;1-13.

Cournoyer A, Grunau B, Cheskes S, Vaillancourt C, Segal E, De Montigny L, De Champlain F, Cavayas YA, Albert M, Potter B, Paquet J, Lessard J, Chauny JM, Morris J, Lamarche Y, Marquis M, Cossette S, Castonguay V, Daoust R. **Clinical outcomes following out-of-hospital cardiac arrest: the minute-by-minute impact of bystander cardiopulmonary resuscitation.** *Resuscitation*. 2023;185:1-9.

McCallum J, Eagles D, Ouyang Y, Vander Ende J, Vaillancourt C, Fehlmann C, Shorr R, Taljaard M, Stiell IG. **Cervical spine injuries in adults >65 years after low-level falls – A systematic review and meta-analysis.** *Ann J Emerg Med*. 2023;67:144-155.

Vaillancourt C, Charette M, Sinclair J, Dionne R, Kelly P, Maloney J, Nemnom M.J, Wells GA, Stiell IG. **Implementation of the modified Canadian C-Spine rule by paramedics.** *Ann J Emerg Med*. 2023;81(2):187-196.

Davies D, McKnight B, Meier E, Drennan I, Newgard C, Wang HE, Bulger E, Scheiber M, Austin M, Vaillancourt C, and the ROC investigators. **Higher oxygenation is associated with improved survival in severe traumatic brain injury but not traumatic shock.** *Neurotrauma Reports*. 2023;4(1):51-63.

---

\* denotes paramedic/allied health care provider primary author

Cheskes S, Verbeek P.R, Drennan I.R, McLeod S.L, Turner L, Pinto R, Feldman Michael, Matthew D, Vaillancourt C, Morrison L.J, Dorian P, Scales DC. **Defibrillation strategies for refractory ventricular fibrillation.** *N Engl J Med.* 2022;387(21):1947-1956.

Idris AH, Aramendi E, Leroux B, Jaureguibetia X, Shaver S, Kudenchuk PJ, Vaillancourt C et al. **Lung inflation occurs infrequently in most patients during 30: 2 CPR with bag-valve-mask ventilation.** *Circ. J.* 2022;146(Suppl\_1):A163-A163.

Cheskes S, Verbeek R, Drennan I.R, McLeod S.L, Turner L, Pinto R, Feldman M, Davis M, Vaillancourt C, Morrison L.J, Scales D.C, Dorian P. **DOuble sequential external defibrillation for refractory ventricular fibrillation: The DOSE VF cluster randomized controlled trial.** *N Engl J Med.* 2022;387(21):1947-1956.

Lane D.J, Grunau B, Kudenchuk P, Dorian P, Wang HE, Daya MR, Lupton J, Vaillancourt C, Okubo M, Davis D, Rea T, Yannopoulos D, Christenson J, Scheuermeyer F. **Amiodarone, lidocaine, or placebo in out-of-hospital cardiac arrest: A post hoc Bayesian analysis of a randomized clinical trial.** *BMJ Heart.* 2022;108(22):1777-1783.

Charette M, Sabri E, McLeod B, Leduc S, Macarthur C, Osmond M, Cheskes S, Thavorn K, Ferguson D, Stiell I, MD, Plint A, Taljaard M, Vaillancourt C. **Paramedic assessment of low-risk pediatric trauma patients using the Canadian c-spine rule: A pragmatic cluster randomized stepped wedge patient-informed multi-center trial** (May 2022) *Can J Emerg Med.* 2022; 24 (Suppl 1):S1-S100.

Heidet M, Hubert H, Grunau BE, Cheskes S, Baert V, Fraticelli L, Freyssenge J, Lecarpentier E, Stitt A, Tallon JM, Tazarourte K, Truong C, Vaillancourt C, Vilhelm C, Wysocki K, Christenson J, El Khoury C. **Rationale, development, and implementation of the ReACanROC registry for out-of-hospital cardiac arrests in France and Canada.** *Emerg. Med.* 2022;39(7):547-553.

Tran U. E, Yadav K, Ali Mohamed, Austin M, Nemnom M.J, Eagles, D. **An evaluation of emergency pain management practices in fragility fractures of the pelvis.** 2022; 24:273–277.

Stiell IG, Maloney J, Dreyer J, Munkley D, Spaite D.W, Lyver M.B, Sinclair JE, Wells G. A, OPALS Study Group. **Advanced life support for out-of-hospital chest pain: The OPALS study.** *Prehosp Emerg Care.* 2023;26(3):428-436.

---

\* denotes paramedic/allied health care provider primary author

## AWARDS ACHIEVED / SPECIAL MENTION

### **Paramedics Providing Palliative Care Project Service Award**

RPPEO received a service award for assisting with the Palliative Care Project.



### **Journal Review on NAEMSP BLOG Article Bites #45:**

Julie Sinclair's published Characteristics, Prehospital Management, and Outcomes in Patients Assessed for Hypoglycemia: Repeat Access to Prehospital or Emergency Care.

### **Second place, Plenary Presentation, Top Pediatric Research Abstract Award**

**(CAEP 2022)**

Dr. Christian Vaillancourt PL02 Paramedic assessment of low-risk pediatric trauma patients using the Canadian c-spine rule: a pragmatic cluster randomized stepped wedge patient-informed multi-center trial.

### **Selected as the PAN-U.S CME article of the month by the Academic College of Emergency Physicians**

**for Feb. 2023:**

Dr. Christian Vaillancourt's Implementation of the Modified Canadian C-Spine Rule by Paramedics.

### **C-Spine paper published in Ann Emerg Med continues to get more traction:**

The original Journal submission, together with its published version, will be used to teach a course (ACEP's "Emergency Medicine Basic Research Skills"). This course also serves to train future potential Journal reviewers.

## RPPEO CLINICAL OHRI INVESTIGATORS

### **Michael Austin MD, FRCPC, DRCPSC (PTM)**

Emergency Physician, The Ottawa Hospital

Director, Prehospital and Transport Medicine & AFC Fellowship Program, Ottawa Hospital

Clinician Investigator, Ottawa Hospital Research Institute

Associate Professor, University of Ottawa

Associate Medical Director, Regional Paramedic Program for Eastern Ontario

### **Richard Dionne MD, CCFP-EM**

Medical Director, Regional Paramedic Program for Eastern Ontario

Emergency Physician, Ottawa Hospital

Clinician Investigator, Ottawa Hospital Research Institute

Program Director, Prehospital and Transport Medicine Month, Emergency Medicine, University of Ottawa

### **Shannon Leduc MSc, ACP**

Commander Clinical Programs, Ottawa Paramedic Service

Affiliate Investigator, Ottawa Hospital Research Institute

### **Christian Vaillancourt MD, MSc, FRCPC, CSPQ**

Full Professor, Department of Emergency Medicine

Cross-Appointed, School of Epidemiology and Public Health

Senior Scientist, Ottawa Hospital Research Institute

Research Chair in Emergency Cardiac Resuscitation, University of Ottawa

Associate Medical Director, Regional Paramedic Program for Eastern Ontario