



April 7, 2022

## Continuing Medical Education

# Spring 2022 CME

Online learning with optional live workshops

Dear Paramedics,

Welcome to your Spring 2022 Continuing Medical Education!

For Spring 2022 CME beginning in May, optional live virtual workshops will once again combine with online learning modules and recordings of the virtual workshops to give paramedics a good variety in presentation styles and content.

Paramedics certified with the Regional Paramedic Program for Eastern Ontario are invited to participate in two optional live online workshops on May 3 & 5 and to complete the entire MedicLEARN Spring 2022 CME package beginning on May 11, 2022. This mandatory core CME learning is presented for Advanced Care Paramedics to receive 8 hours toward your annual 24 hours of required CME. We encourage Primary Care Paramedics to participate in this valuable educational event as well.

## Topics

Spring 2022 CME focuses on the following topics:

1. **Acute Behavioural Disturbances\*** live & recorded virtual workshop with Prehospital & Transport Medicine Fellow Dr. Justin Godbout
2. **Hypothermia\*** live & recorded virtual workshop with Dr. "Popsicle" Gordon Giesbrecht
3. **ALS PCS v4.9 Update**
4. **Pediatric Respiratory Illness** with our colleagues from CHEO
5. **Online Medical Consultation** with RPPEO Associate Medical Director Dr. Michael Austin and RPPEO Manager of Quality & Patient Safety Ben de Mendonca
6. **After the Arrest** with Dr. Vince Archeri

\*Note that registration is required to attend the above 2 live virtual workshops on May 3 and May 5, respectively. Please see the Spring 2022 CME Program for more information and to register.



## A note from the CME Organizing Team

The adaptations we've all made during the COVID-19 pandemic have sometimes created useful changes, like being able to hear from leaders in their fields during regular CME learning. While we plan to reincorporate the classroom once we have that mandate, we hope to continue to offer subject matter experts and interactive online content appropriate to the learning content.

As your base hospital, our role is to support you, to provide you with tools and resources to face the added complexities that you all face as paramedics delivering the highest quality care to the patients you serve. We know the last two years has put unprecedented demands on you, both individually and as a profession. On behalf of everyone at RPPEO, we sincerely want to thank you for doing an amazing job during these extraordinary circumstances.

We hope you enjoy this CME and find the content useful in your practice. We look forward to many of you attending the Live Virtual Events on May 3 & 5! If you have any questions or concerns, please feel free to reach out to us at [education@RPPEO.ca](mailto:education@RPPEO.ca).

For the Continuing Education Team,

Frank St-Jean,  
RPPEO Manager, Continuing Education & Certification

# Spring 2022 CME

Virtual Workshop Program  
05.03 + 05.05

Get the complete CME drop  
05.11.22



REGIONAL PARAMEDIC  
PROGRAM FOR  
EASTERN ONTARIO



# Spring CME Live Virtual Workshop Program

Once again this Spring, the RPPEO is offering live virtual workshops! Paramedics may register at no cost to attend one or both workshops. The workshops are presented as part of “Spring 2022 Continuing Medical Education,” which is a regular educational feature that the RPPEO offers to paramedics in Eastern Ontario.

These virtual workshops are provided through an online platform that works with any desktop or mobile device with a high-speed internet connection. You must register for each workshop you wish to attend. Spaces are limited and provided on a first come first served basis.

We’re excited to bring you two dynamic speakers who are subject matter experts in their fields.. Learn about the workshops and speakers below.

Join the classes

## May 3 & 5

Registration required.

[Click here to register!](#)





# Spring CME Virtual Workshop Formats

Spring 2022 CME is a two-part offering this year, with both optional virtual workshops and online learning modules. The complete Spring 2022 CME will be available in MedicLEARN beginning on May 11, 2022.

## Part 1: Virtual Workshops

### Option A – Live virtual workshops

You are invited to join us for all or part of the 2 hours of live virtual workshops featured over 2 days in the first week of May. See the Virtual Workshop Event Schedule below.

For each workshop that you attend live, you will receive CME credit. This means that you will not need to view the recordings of the live workshops again in MedicLEARN if you attended live.

### Option B – Recorded virtual workshops

Paramedics who are unable to participate in the live workshops or who prefer to watch recordings of these events can receive CME credit by viewing the workshops in MedicLEARN. Both workshop recordings will be available in Spring 2022 CME starting on May 11, 2022.

## Part 2: Online Learning Modules

For all paramedics participating in Spring 2022 CME, the second part of Spring 2022 CME will be online learning modules with case studies and activities that we've designed to be engaging with a good user experience and improved quality thanks to the feedback we received from you during 2021's CME activities.

Join the classes

# May 3 & 5

Registration required.

[Click here to register!](#)





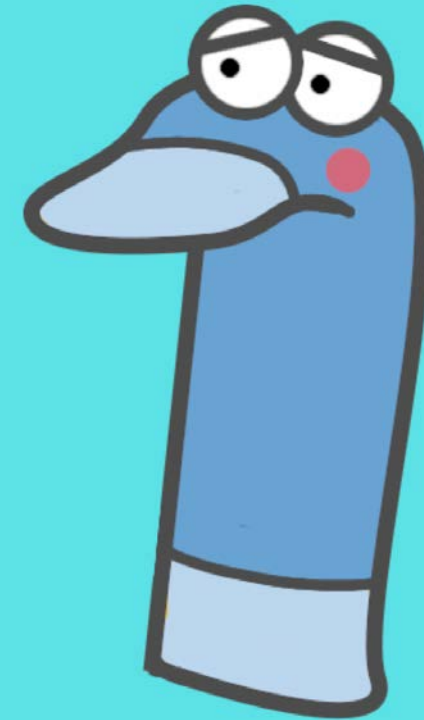
May 3 @9:30 – 10:30 am EDT

## Spring CME Live Virtual Workshop #1 Hypothermia Master Class

### With Professor Popsicle

aka Dr. Gordon Giesbrecht

You've watched him on Breakfast Television and the Rick Mercer Report. Affectionately known as Professor Popsicle, Dr. Gordon Giesbrecht is coming to RPPEO Spring CME! In this live virtual discussion, we'll hear about Professor Popsicle's research in the principles of thermoregulation and his experiences while studying hypothermia. He will provide a glimpse into his Cold-Water Boot Camp while walking us through the physiology and management of hypothermia. Summer may be just around the corner, but many waterways in Ontario remain cold year-round, and hypothermia can strike anyone at any time! Join us for this one-hour master class!



Register for Hypothermia Master Class



May 5 @2 – 3pm EDT

Spring CME Live Virtual Workshop #2

## Acute Behavioural Disturbances

With Dr. Justin Godbout

Acute Behavioural Disturbances: what are they and how do we manage them? You've probably already encountered this challenging patient, but if not you'll know the patient with acute behavioural disturbance when you do. They're combative, violent, aggressive and the scene is overall ... well, let's just say *very* challenging. Dr. Justin Godbout is here to discuss 3 different case studies with varying clinical presentations. Dr. Godbout will talk about the different patient presentations, best treatment options, clinical consultations with Base Hospital Physicians, and possible hospital outcomes.



Register for Acute Behavioural Disturbances





# Presenter Biographies



**Dr. Gordon Giesbrecht** operates the Laboratory for Exercise and Environmental Medicine at the University of Manitoba, where he studies human responses to exercise and work in extreme environments. He has conducted hundreds of cold water immersion studies that have provided valuable knowledge about cold stress physiology and pre-hospital care for human hypothermia. Professor Popsicle's other research interests include human physical and mental performance in other stresses such as altitude (hypoxia) and diving (hypobaria).



**Dr. Justin Godbout, MD** graduated from Ottawa University Med School in 2016. He went on to work for STARS Ambulance and Auckland Rescue Helicopter Trust. These experiences really fueled his interest in Emergency Care and he returned to Ottawa to do his residency in Emergency Medicine at Ottawa University. He's currently completing his Fellowship in Prehospital and Transport Medicine with the RPPEO. When not working in the ER or answering the patch phone, Justin enjoys flying airplanes and brewing his own beer.





May 5 @2 – 3pm EDT

## Spring CME Important Dates

### 05.03

Hypothermia Master Class Live Virtual Workshop  
[Register now for this workshop!](#)



### 05.05

Acute Behavioural Disturbances Live Virtual Workshop  
[Register now for this workshop!](#)

### 05.11

The complete Spring CME learning collection launches on MedicLEARN.

## Questions or Comments

If you would like more information about Spring CME or the Live Virtual Workshops, we invite you to visit [RPPEO.ca](http://RPPEO.ca). Send your questions and comments to [education@rppeo.ca](mailto:education@rppeo.ca).

