

# Spring 2021 CME Program

## *Virtual Live Workshop Descriptions*

### ***Current Trends in Cardiac Arrest Research – A Paramedic Perspective***

Day one starts with Dr. Ian Drennan, PhD, ACP, a Peel Region paramedic and research program manager at the Sunnybrook Research Institute. Dr. Drennan's research focus is cardiac arrest and he'll present current and emerging cardiac arrest research and its implications for paramedics. Expect to examine some key changes in the American Heart Association's (AHA) 2020 Cardiac Arrest Guidelines such as increased emphasis on ETCO<sub>2</sub> as a tool to improve performance and safety in cardiac arrest management, what the research tells us on using IV vs IO, and more emerging trends in cardiac arrest research.

### ***Death Communication for First Responders: How to Deliver Unfortunate News***

Next, Alexandra Jabr, MSc EMT-P, a US-based paramedic and creator of the course "Death Communication for First Responders: How to Deliver Unfortunate News" will present a framework and toolbox for paramedics communicating that a patient has died to their family members. This is one of the toughest things paramedics face and Alexandra presents a thoughtful, engaging approach to how we can be better prepared the next time we are faced with this most difficult conversation.

### ***A First Principles Approach to Pediatric Shock***

Day two consists of an interactive presentation by Natalie Lavergne, a Critical Care Paramedic, an educator with Ornge Transport Medicine and an RPPEO Facilitator. Natalie will present a series of cases addressing shock in the pediatric patient and approaches to assessment and management with tools such as the Pediatric Assessment Triangle with a focus on back to basics.

### ***Priority Management for the Critically Injured Trauma Patient***

Day three features a virtual workshop by Eric Langlois, an Ottawa OPS Advanced Care & Tactical Paramedic and RPPEO facilitator who will provide a tactical paramedic perspective on the management of trauma patients with a focus on:

- Major Bleeding
- Tension Pneumothorax
- Geriatric Trauma

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## *Presenter Biographies*

**Ian Drennan**, PhD, ACP is a paramedic researcher and a research program manager at Sunnybrook Research Institute. In addition, he works as an advanced care paramedic with York Region Paramedic Services and holds a part-time faculty position in the health sciences department at Georgian College. Ian has a PhD from the University of Toronto and St. Michael's Hospital, completing a collaborative program in resuscitation sciences.

**Alexandra Jabr**, MSc, EMT-P, began her EMS career in 2003 and holds a master's degree in death, grief, and bereavement. She is an adjunct faculty in the EMS department at Victor Valley College, Victor Valley, California and is currently completing her doctorate in depth psychology. Alexandra is the creator of Emergency Resilience, LLC and the course "Death Communication for First Responders."

**Natalie Lavergne** BSc, CCP is a Critical Care Paramedic and Field Educator at Ornge Transport Medicine with 20+ years of critical care transport experience. She is also a part-time professor at Algonquin Colleges PCP and ACP programs and an Education Facilitator with the RPPEO.

**Eric Langlois**, ACP, is an Advanced Care and Tactical Paramedic with the Ottawa Paramedic Service with more than 20 years of frontline experience and an Education Facilitator with the RPPEO.

## *Important Dates & Times*

- **Tuesday, May 4**  
10:30 virtual live workshop Current Trends in Cardiac Arrest Research  
13:00 virtual live workshop Death Communication for First Responders
- **Wednesday, May 5**  
10:30 virtual live workshop A First Principles Approach to Pediatric Shock
- **Thursday, May 6**  
10:30 virtual live workshop Priority Management for the Critically Injured Trauma Patient
- **Wednesday, May 12**  
Spring 2021 CME launches on MedicLEARN with 4.5 hours of recorded virtual workshops and 3.5 hours of online learning modules

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## FAQ

**Q. - What if I am not able to attend a live virtual event?**

A. – No, problem. If you are not able to attend live events, all sessions will be recorded and available on MedicLEARN with the rest of the Spring CME material.

**Q. - I am not able to attend all four sessions. Is it ok if I am only able to attend one or two of the sessions?**

A. – Of course! Our webinar platform keeps track of who has attended. Whether you attend one or all the sessions, you'll see credit for attending those sessions once you've logged into MedicLEARN on or after May 12.

**Q.- If I attend the live event, am I required to complete the full CME online?**

A – The answer is no! You will receive credit for each session that you attend in the live event and will be exempt from completing it during the MedicLEARN portion of your CME.

**Q - Can PCP's attend?**

A - Spring CME is traditionally focused on ACP learning however PCP are encouraged to attend the live virtual event and complete the remainder of CME online.

**Q - What kind of device/computer will be required for Spring CME?**

A – For the live virtual workshops, paramedics can attend on any web enabled device (phone/tablet/laptop). There is no change to MedicLEARN.

**Q - Is there a maximum number of participants for the live virtual workshops?**

A – No, there is not. Our conference platform is designed for 250 participants; however, if demand for a live virtual workshop exceeds this, we can add additional spots.

**Q - Are Paramedic students allowed to participate?**

A – Yes! Although this is core CME directed to the professional paramedics certified by the RPPEO, we are offering participation in the live workshops to paramedic students in our region – at no cost!

**Q - Do I need to prepare anything ahead of the live virtual workshop?**

A – No pre-learning package is required.

*The RPPEO presents all content in Spring 2021 CME at no cost to paramedics. Please direct questions about your time and remuneration to your paramedic service.*

## Questions and Comments

If you would like more information, we invite you to visit RPPEO.ca. Send your questions and comments to [education@rppeo.ca](mailto:education@rppeo.ca).



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